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# A Study of Find out Socio-Economic Status of North Indian Handball Players

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#### **Abstract**

The present problem seeks to identify scientifically and systematically study the socio-economical status and demographic factors among Handball players.200 male national and interuniversity level Handball players were randomly selected for the study. A survey was designed to find out the socio-economic status level of wrestlers. A questionnaire developed by Gordhan Singh (2001) was used for the collection of data, to find out the socio economic status of Handball players, the simple technique of means & percentage were employed to compare the status among the Handball players. The study shows the 56 % wrestlers came from middle socio economic status 35 % from low socio economic status and only 9% from high socio economic status. Therefore we can say that only a few wrestlers comes from high socio economic status families.

**Keywords:** Handball Player; Socio-economical

## 1. Introduction

Handball is one of the toughest and the technical forms of sports known to mankind. It develops soldierly the qualities of strength, agility, courage, tenacity and will power, apart from strength, the Handball players needs many other qualities such as alertness, agility, stamina, skill constant mental and physical exertion, carrying out strategy in the face of ever changing situations, lighting speed in the right direction and timely and correct use of holds and counter-holds, etc. there is no denying and moral qualities it develops.

When science of Handball is interesting though as it complex. It gives scope to intelligence of a high order. As a form of exercise it ensures strength, stamina and health. Moreover, regular practice in Handball improves the tone of muscles and keeps the body supple and active. The exercise of Handball not only makes the body strong but also keeps the mind sound socially fit person. It is both an ideal and re-creative sports. It develops perfect physical fitness with socially fit, self-control, will power and imagination.

## 2. Objectives

To find out the socio-economic status of Handball players participated at national levels.

#### 3. Procedure

75 male national and interuniversity level Handball players were randomly selected for the study. A survey was designed to find out the socio-economic status level of Handball players. A questionnaire developed by Gordhan Singh (2001) was used for the collection of data, to find out the socio economic status of Handball players, only selected Socio-Economic Status parameters namely: "House Hold income, Net Wealth, Type & Size of family and Age & Education of wrestlers" were considered for the present study. The simple technique of means & percentage were employed to compare the status among the Handball players.

Table 1. Socio-economic status of north Indian handball players

| Sr. No.               |     | Middle Socio-<br>Economic status | High Socio-<br>Economic status | Total |
|-----------------------|-----|----------------------------------|--------------------------------|-------|
| No of Hand-<br>Bowler | 27  | 42                               | 6                              | 75    |
| Percentage            | 36% | 56%                              | 8%                             | 100   |

The table reveals that 36 % Handball players are belong form low Socio-Economic Status families 56% Handball players are belong form middle Socio-Economic Status families and only 8% Handball players are belong form high Socio-Economic Status families. Therefore we can say that more than 50% Handball players of national level belong from middle class families, and more than 90% handball players belong to middle and low Socio-Economic Status, so for the improvement of Handball also popularity in high status families, which have a good payment capacity for practice and diet.

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